

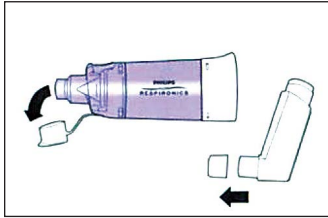


## Respironics OptiChamber Diamond

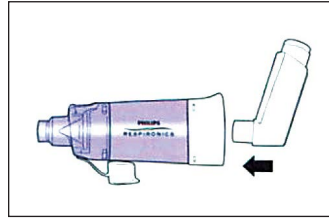
OptiChamber Diamond helps you get your inhaler medicine into your lungs, where it works.

Please follow these instructions carefully, and also read the instructions for use inside the OptiChamber Diamond box.

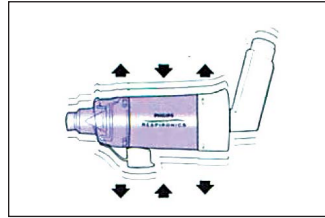
### How to use your OptiChamber Diamond antistatic valved holding chamber



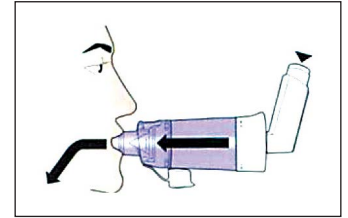
1. Remove the caps from the inhaler and the chamber.



2. Insert the inhaler into the back of the chamber.



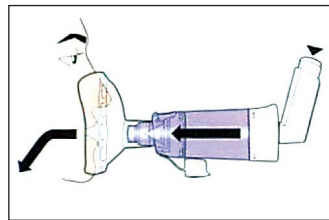
3. Shake the chamber and inhaler according to inhaler instructions.



4. Place lips around mouthpiece, form a tight seal and exhale. Spray one puff of medicine and immediately inhale slowly, taking a full deep breath.\*



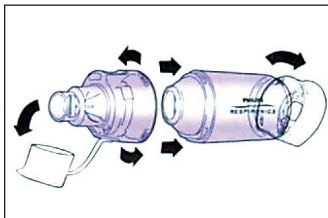
5. Hold your breath for up to 8 seconds, then exhale. If flow alert "whistle" sounds, inhale more slowly.



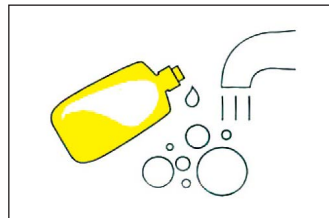
6. If using a mask, place over nose and mouth. Spray one puff of medicine and maintain seal for 5-6 breaths.\*

\* If instructed to take more than one puff, wait one minute, then repeat steps 4-6.

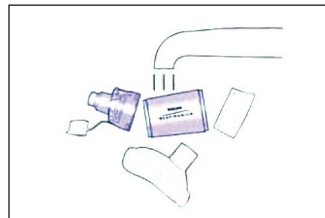
### Clean your chamber and mask weekly



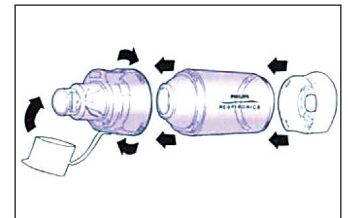
1. Remove cap, rotate mouthpiece to disassemble, remove end cap and mask (if used).



2. Agitate parts for 2 minutes, then soak for 10 minutes in warm soapy water.



3. Rinse parts with warm clean water and air dry.



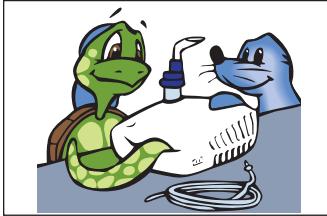
4. Reassemble the chamber and store in a clean, dry place.



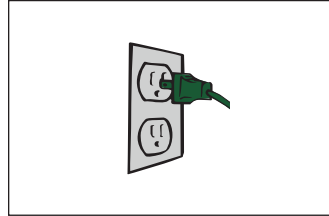


## How To Use Your Nebulizer

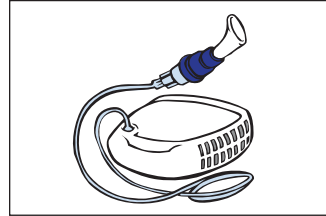
A nebulizer turns liquid medicine into an aerosol so you can breathe it deep into your lungs. Tucker uses his nebulizer when he is at home with Sami. Don't forget to have an adult help you use and clean your nebulizer.



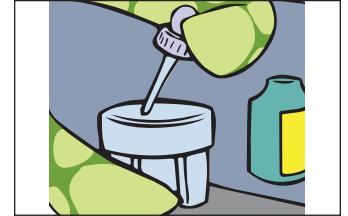
1. Put your compressor nebulizer on a table.



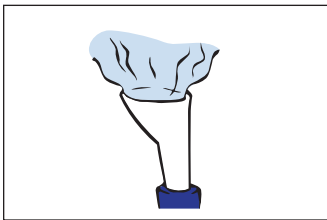
2. Plug the compressor into an electrical outlet.



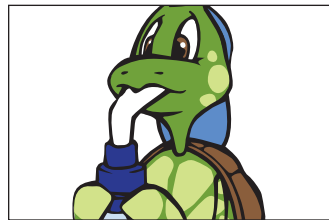
3. Connect one end of the tubing to the medicine cup and the other end to the compressor.



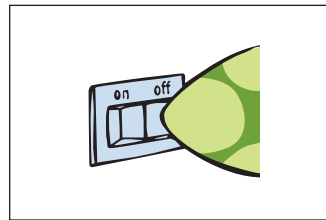
4. Fill the medicine cup with your medication.



5. Turn on the compressor and check to see that a mist is coming out of the mouthpiece.



6. Sit up straight. Put the mouthpiece in your mouth and slowly breathe in and out. When a mask is used, you can breathe in and out the same way.

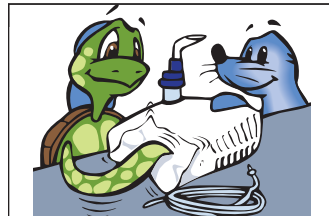


7. When the medicine appears almost gone, your treatment is finished. Turn off the compressor.

### Clean your compressor

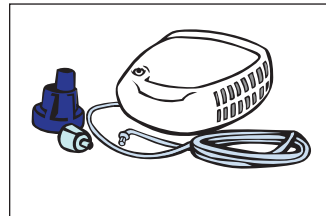


1. Unplug your compressor before cleaning.
2. Check filter once a week and replace if dirty.

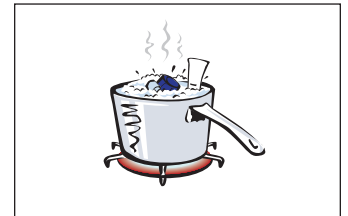


3. Wipe down the outside of compressor once a month with damp cloth.
4. Store in a safe, dry place.

### Clean your nebulizer



1. After every use disconnect the tubing and take apart the nebulizer.
2. Wash the nebulizer parts with warm soapy water.



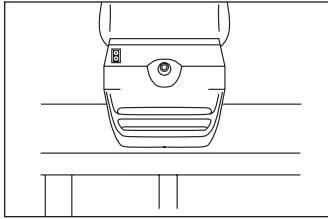
3. Rinse with clean water and air dry.
4. Once a week, boil all parts except tubing, in water with 2-3 drops of dishwashing liquid for 10 minutes.



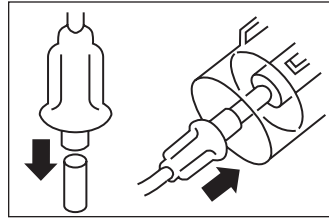


## How to Use Your SideStream nebulizer

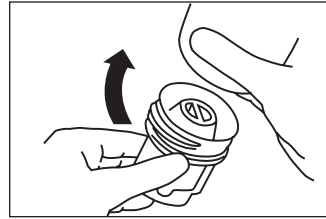
### How to use your SideStream nebulizer



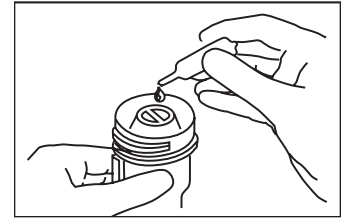
1. Place compressor on a solid surface.



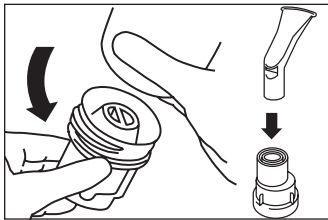
2. Connect tubing to the compressor and medicine cup.



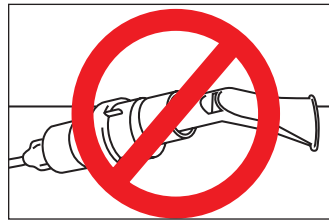
3. Unscrew lid.



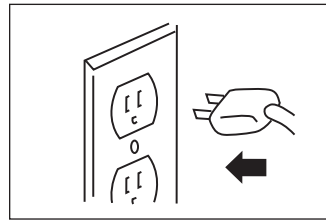
4. Fill medicine cup.



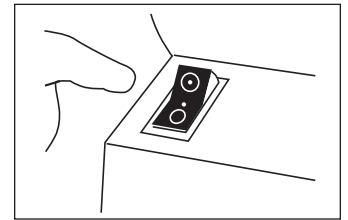
5. Replace lid. Connect mouthpiece.



6. Do not tip SideStream.



7. Plug compressor in.

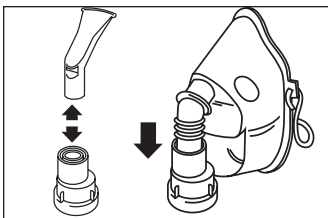


8. Turn switch on.

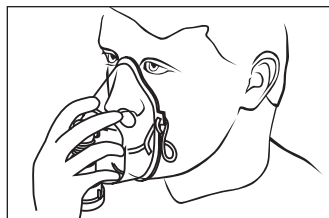


9. Sit upright, relax, and slowly breathe in and out.

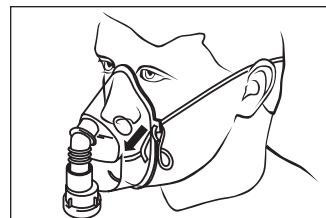
### If you need to use a SideStream adult or pediatric mask



1. Replace mouthpiece with mask adapter and mask.



2. Place mask over nose and mouth.



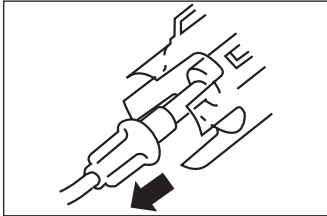
3. Place strap over head and adjust.



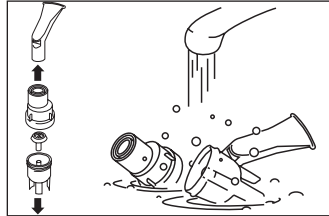


## Cleaning Instructions for your Nebulizer

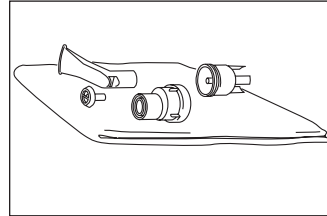
After every use (for both SideStream reusable & disposable)...



1. Disconnect handset from tubing.

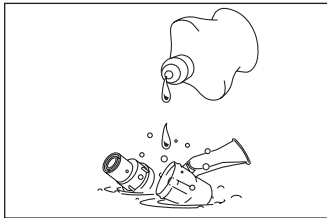


2. Disassemble and wash all parts in warm soapy water (except the tubing).

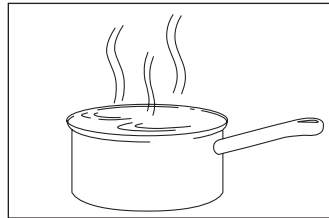


3. Rinse in clean water and air dry.

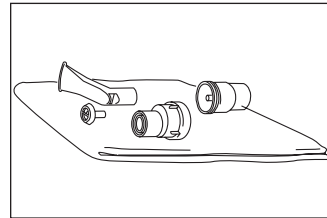
Once each week (for SideStream reusable only)...



1. Place parts (except tubing) in water and 2-3 drops of dishwashing liquid.



2. Boil 10 minutes.



3. Rinse in clean water for 2 minutes and air dry.

