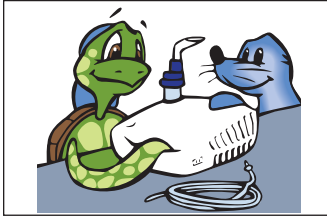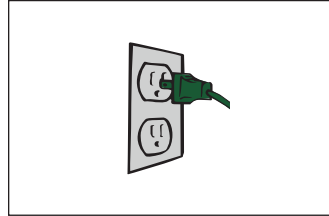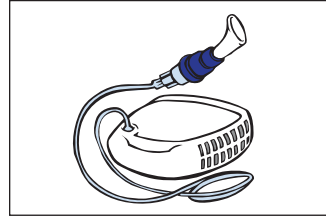# How To Use Your Nebulizer

A nebulizer turns liquid medicine into an aerosol so you can breathe it deep into your lungs. Tucker uses his nebulizer when he is at home with Sami. Don't forget to have an adult help you use and clean your nebulizer.
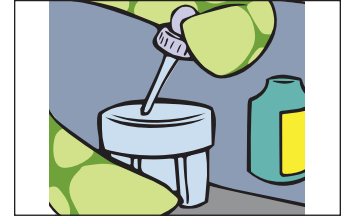

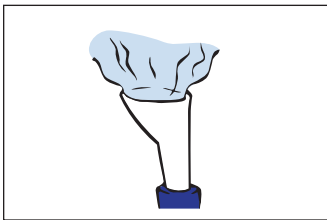1. Put your compressor nebulizer on a table.

2. Plug the compressor into an electrical outlet.
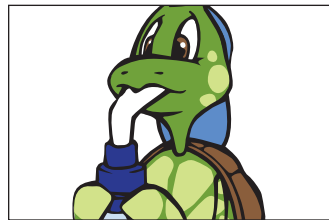

3. Connect one end of the tubing to the medicine cup and the other end to the compressor.
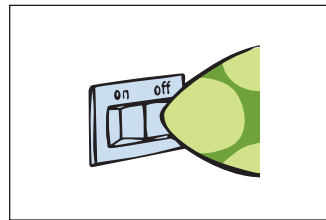

4. Fill the medicine cup with your medication.

5. Turn on the compressor and check to see that a mist is coming out of the mouthpiece.

6. Sit up straight. Put the mouthpiece in your mouth and slowly breathe in and out. When a mask is used, you can breathe in and out the same way.
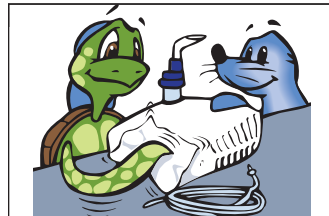

7. When the medicine appears almost gone, your treatment is finished. Turn off the compressor.

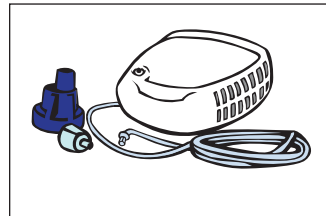## Clean your compressor

1. Unplug your compressor before cleaning.
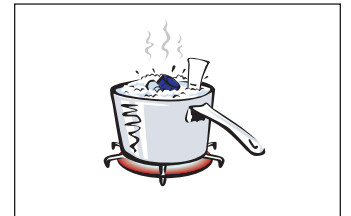2. Check filter once a week and replace if dirty.

3. Wipe down the outside of compressor once a month with damp cloth.
4. Store in a safe, dry place.

Clean your nebulizer

1. After every use disconnect the tubing and take apart the nebulizer.
2. Wash the nebulizer parts with warm soapy water.

3. Rinse with clean water and air dry.
4. Once a week, boil all parts except tubing, in water with 2-3 drops of dishwashing liquid for 10 minutes.